



Youth Mental Health First Aid

FOR ADULTS ASSISTING YOUNG PEOPLE

Sponsored by Brook Lane and funded by the Brook Lane Foundation

Monday, April 10, 2017

8 a.m. - 5:00 p.m. (Registration at 7:30 a.m.)



Mental Health First Aid Training

Sponsored by Brook Lane and funded by the Brook Lane Foundation

Tuesday, May 16, 2017

8 a.m. - 5:00 p.m. (Registration at 7:30 a.m.)

Location: Brook Lane Health Services

- Main Campus Community Room
13121 Brook Lane, Hagerstown, MD 21742

Brook Lane is located north of Hagerstown, on the Leitersburg-Smithsburg Road.
Driving directions are available at www.brooklane.org

Participants must attend the full day and complete the course

To Reserve your space, call Curt Miller at **301-733-0331 ext. 1228** or by email curt.miller@brooklane.org

- Brook Lane is offering the course for Free
- The course includes training materials, continental breakfast, lunch and snacks
- A Manual and MHFA Certificate are presented to all attendees completing the 8 hour course
- Register early as the class size is limited
- Registrations will be handled on a first received, first served basis

Mental Health First Aid is an 8-hour training course that teaches you how to help someone who is developing a mental health problem or experiencing a mental health crisis. People across the country — in all 50 states are trained in Mental Health First Aid. They know how to identify, understand and respond to signs of mental illness and addictions.



Tuesday, May 23, 2017

6:45 p.m. — 8:30 p.m.

at the

Hagerstown Community College
Kepler Theater



Please Join us for a Special
Mental Health Month Event
An Evening with Kevin Hines!

Sponsored by



*A Trusted Name in
Mental Health Care
For Over 68 Years*

Kevin Hines, Brain Health Advocate & Storyteller

Kevin Hines is a brain/mental health advocate, award-winning global speaker, bestselling author and documentary filmmaker who reaches audiences with his story of an unlikely survival and his strong will to live. Two years after he was diagnosed with bipolar disorder (19 years of age), he attempted to take his life by jumping from the Golden Gate Bridge. He is one of only thirty-four to survive the fall, and the only one to regain full physical mobility. He is the only Golden Gate Bridge jump survivor who is actively spreading the message of living mentally healthy. The fall would break his body, but not his spirit. Today, Kevin dedicates his life to saving lives by spreading the message of hope and sharing his art of living mentally well. He is one of the most respected and admired voices of lived experience. Kevin's story is a remarkable testament to the strength of the human spirit and a reminder for us to love the life we have.

Please contact Curt Miller 301-733-0331 x1228 or curt.miller@brooklane.org to register. Seating will be limited.